


ASPIA Newsletter – December 2018

 Our next ASPIA partner support group meeting (in Burwood, Sydney) will be this coming Saturday 1 December and our Presenter will be long-time ASPIA member Natalie Black. Natalie presented at our April meeting this year, and her presentation, along with her interaction with us as partners, was so well received we asked her to return for a second meeting for 2018.

Natalie is currently studying a Masters of Clinical Psychology. Natalie was in an AS / NT marriage for 11 years and is interested in the attachment dynamics of AS / NT relationships and how NT partners can best look after themselves. She is also very interested in neuropsychology and cognition, and wrote her honours thesis on facial recognition.

Natalie explores AS relationships from the perspective of what it is about us (the non-AS partner) that draws us to these relationships, and why we continue to adapt and stay long after many others would have walked away. A very strengthening topic as we learn more about ourselves, healthy boundaries and how to re-emerge as the beautiful individuals we are and were. Natalie can also provide thought-provoking answers to just about any other question anyone may have.

Please join us from 1.30pm for a 2.00pm start.

ASPIA meeting location: Club Burwood at 97 Burwood Road, Burwood (Sydney) (corner George Street)

Who can attend: Partners and family members seeking support from the non-Asperger perspective.

Cost: \$10 for non-members, \$5 for members (membership is \$55 per year and includes several benefits including borrowing books from the library and being part of a private facebook group.)

Parking: The cheapest and closest parking is directly behind the Club in **John Street**. Wilson car park - \$5.

Lunch Club: Bistro area from 12 noon for those who'd like to chat over lunch before the meeting.

Dinner: Staying back afterwards for a drink or dinner has become popular.

ASPIA's remaining Meeting Date for 2018

- December 1

ASPIA's Meeting Dates for 2019

- February 2
- March 2
- April 6
- May 4
- June 1
- July 6
- August 3
- September 7
- October 5
- November 2
- December 7

On behalf of the ASPIA Committee and Membership I would like to wish each and everyone a joyful Christmas, and much peace in the new year.

ASPIA

Providing support to partners of adults with Asperger's Syndrome since 2003

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